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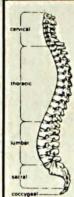
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Sports Fitness A Recreation

THE LEMON GROVE

REVIEW

MARKET MARKE

Arm wrestlers training camp set to open

by Joe Naiman

More than 100 would be champion arm wrestlers will converge on the New Life Orthodox Presbyterian Church in La Mesa on Sept. 4 - 5 for the annual arm wrestling training camp.

The camp was held in Spring Valley last year, but was moved to the Lake Murray location to provide more room.

Organizers Carolyn Fisher and her husband, Allen, will again be hosting the training camp at the behest of the San Diego Arm Pullers Association.

"Our main reason for having it is to promote the sport," she said.

The camp will also provide a clinic involving teaching techniques.

The first night, a seminar called "How to train your body for arm wrestling" will be taught by Jack Medina, a former strength and conditioning coach for the Oakland/Los Angeles Raiders, St. Louis/Los Angeles Rams, Seattle Seahawks and Golden State Warriors.

The Saturday session runs from 9 a.m. to 5 p.m. and will include round-robin table practice.

Last year, the couple provided only 10 days notice for a clinic held on their driveway in Spring Valley, where

they have lived for the past nine years, and still drew 30 participants.

"My husband really likes to promote the sport and help the arm wrestlers out," said Cardlyn on the reason for starting the training camp.

Between them, the Fishers have won over 25 titles. They were married in 1984 after meeting at the 1982 national tournament in Reno.

There are actually two major arm wrestling organizations, said Fisher: one on the West Coast and one which represents the East Coast.

This year, the East Coast tournament was held last month in Omaha while the West Coast tournament was held in Lake Tahoe.

Carolyn Fisher became the first woman to win titles in both organizations, giving her the undisputed title.

Her husband, who was born and raised in Los Angeles, has been arm wrestling since 1979.

Carolyn, who was born in Toronto and raised in Ontario, about 20 minutes from Banff, had been in gymnastics since the age of eight.

When selections were being made for the 1980 Canadian national tournament in British Columbia, she was asked to participate.

Her third tournament

P

Carolyn and Allen Fisher get in a little extra practice as they prepare for their annual arm wrestling camp and clinic scheduled for early September. The camp was held last year in Spring Valley, but was moved to La Mesa for more space. Carolyn Fisher holds the East and West U.S. championships.

was the world championship, in which she finished third, and the following year she finished second in the world championship.

The two moved to the San Diego area 13 years ago, settling in the College Area before moving to Spring Valley.

"I thought I was a beach person. I'm not. All the sand

in your chips when you're eating, I can't do it," she said.

The training camp next month may even see a visit from Howie Mandell's show, since the host has expressed an interest in coming out to see it.

A \$50 fee covers the Friday and Saturday sessions as well as lunch Saturday.

ol. 50, No. 10

Lemon Grove Fire Log

6400 blk. Federal Blvd. Chest pains.

7300 blk. Pacific Ave. Difficulty breathing.

1600 blk. Watwood Rd. Evaluate for the Sheriff.

7500 blk. Central Ave. Difficulty breathing.

3600 blk. Grove St. Medical aid.

3000 blk. Crane St. Rape victim.

6700 blk. Central Ave. Single-engine response.

1600 blk. La Corta St. Unresponsive.

2500 blk. Washington St. Possible heart.

2100 blk. Ensenada St. Auto vs. pedestrian.

1600 blk. Dupont Dr. Possible heart.

2000 blk. Skyline Dr. Vomiting.

2400 blk. Edding Dr. Fall.

Aug. 1, 1998

7100 blk. Broadway Ave. Vehicle fire.

3100 blk. Ronald Ct. Seizure

Washington St./Palm St. Traffic accident.

1600 blk. Drexel Dr. Fall.

7500 blk. Church St. Difficulty breathing

7600 blk. Broadway Ave. Evaluate for the Sheriff.

Aug. 2, 1998

7400 blk. Pacific Ave. Fall.

8100 blk. Lincoln St. Medical aid.

9500 blk. Eucalyptus St. High wildland fire.

4000 blk. Camino Alegre. Residential structure fire.

EB Hwy 94/Spring St. Vehicle accident freeway.

7500 blk. Pacific Ave. Abdominal pains.

In the Service

Phillip E. Willis, the son of Fred and Margarita Willis of Lemon Grove, has graduated from the Army Reserve Officer Training Corps (ROTC) Advanced Camp at Fort Lewis, Tacoma, Wash.

After successfully having completed advanced camp and graduated from college, the cadet will be commissioned as second lieutenant to serve in the U.S. Army, National Guard or Reserve. Willis currently is a student at San Diego State University.

Navy Petty Officer 3rd Class Marc A. James. of Lemon Grove. recently reported for duty at Naval Air Reserve. NAS North Island.

James' rotation to a new duty station exemplifies the worldwide assignability of Marines and sailors. This flexibility allows our naval forces to protect U.S. national interests by serving as the principal entorcers of peacetime engagement, deterrence and crisis response

Navy Petty Officer 1st Class Michael L. Johnston, son of Oscar B. Johnston of Lemon Grove, recently completed sustainment training in Hawaii while enroute to a six-month deployment to the Western Pacific and Indian Oceans and Arabian Gulf with Commander. Amphibious Squadron Five, embarked aboard the amphibious assault ship and flag-

Johnston is on the staff of the officer that controls the operational policies of the USS Essex Amphibious Ready Group (ARG).

He joined the Navy in 1986

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Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope.

Material can be sent via e-mail at the following address: yscmr@adnc.com.

All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order.

Only publication of an advertisenent shall constitute final acceptance. Send all correspondence to; Forum Publications, Inc., P.O. Box 127, Lemon



PG Perspectives PG on Y2K

by Phillip Giannangeli

Watch out! It's that Y2K virus. It could wreck your neighborhood, leave your health in shambles, and mangle every document, record, or contract you have. Y2K has the potential to make all other disaster tales pale in comparison.

The Y2K virus, in case you're wondering, is the term given to the epidemic that is supposed to happen when the clock, at 11:59 p.m. on Dec. 31, 1999 moves forward and sounds its next tick. The sound of that one tick, we are told, will be heard throughout the universe and as it sends us into a new millennium, a new century and a new year, it will do so with a real bang. The year, of course, will end in double zero. And that's the petri dish for this particular virus. 2000 is a year, according to experts, that computers will not be able to recognize and not knowing what else to do, they will simply revert to the year 1900. It's a flaw deep within computer genes (codes) and like undesirable recessive traits in humans that come to the fore and raise eyebrows, this one is expected to cause us a lot of grief.

And computers are supposed to be so damn smart.

Discussion of the millennium bug, as some have dubbed it, is beginning to make the rounds. We're now reading more about it. hearing stories of its expected horror, and I'm pretty sure that soon enough we will be treated to a movie of the week about it - one on each of the networks and half a dozen or so on cable channels. I can't believe that Hollywood would pass up this opportunity without putting out a huge blockbuster during the summer of '99.

Just what is going to happen on Jan. 1, 2000 is speculative. And even though I'm not comfortable with speculation (I'm more than ever convinced that Trent Lott's hair is going to break into little plastic chunks, so I don't consider that speculative), let me jump right in there with the rest of the gang of speculators.

Big time speculators are worried about the FAA and flying on Jan. 1, 2000 because of the extensive use of computers in every aspect of flying. Some see planes dropping from the sky like rocks. Others see wing-benders at every airport in the world. My guess is that planes will continue to stay in the sky, but because of the Y2K glitch they won't be able to serve the gourmet meals and superb snacks they normally do. I'm also specking (a lower form of speculation) that fewer pieces of luggage will be lost on Jan. 1, 2000 because the airlines will have to be more careful with baggage and won't be able to lay the blame onto their computers as they've done in the past.

Banks and other sleazy financial institutions are worried about Y2K too. They worry because if people take out their money before the millennium bug bites, but leave their loans and other obligations alone. things could get more screwed up than they usually do. Imagine a situation where the bank's computers go down when the bank, rather than you, wants and needs data. They might even get so messed up they won't be able to keep up with all of those extra charges they've been instituting every three months or so. There's the possibility we might get to talk with a real live person instead of some computer generated phone voice in January 2000. Perhaps, we could even go one on one with a human being instead of some soulless machine?

Other government and finance agencies are concerned, too, and are working to figure out what to do. Only the Post Office isn't concerned. Computers be damned. Never learned how to operate the damn things in the first place and removing them and making more space for sorting tables and dead letter boxes will be just fine.

PUBLIC NOTICES

CITY OF LEMON GROVE

NOTICE ADVERTISING FOR PROPOSALS

Sealed proposals will be received at Lemon Grove City Hall located. 3232 Main Street. Lemon Grove. California, up to the hour of 2:00 p m. on the 15th day of September, 1998 for performing

FIBER OPTIC TRAFFIC SIGNAL SYSTEM INTERCONNECT ALONG COLLEGE AVENUE/ FEDERAL BOULEVARD BROADWAY (A CONGESTION MITIGATION AND AIR QUALITY PROJECT) PROJECT DESCRIPTION

The work to be done consists of furnishing all materials, equip-ment, tools, supervision, labor, and incidentals required to complete the above stated project. The work consists of installing fiberoptic conduit, vaults, and computer system to complete an interconnect of traffic signals on College, Federal and Broadway in the City of Lemon Grove.

A Pre-Bid Meeting for the Fiber Optic Traffic Signal System Interconnect Along College Avenue/ Federal Boulevard/Broadway (A Congestion Mitigation and Air Quality Project) is scheduled for september 2, 1998 at 10:00 a.m. The City will not consider change orders for failure to understand the conditions of the project if a rep-resentative of the low bidder is not present at the pre-bid meeting. The bids received will be publicly opened and read at City Hall. 3232 Main Street. Lemon Grove.

Award shall be made by the City Council at a meeting sub-sequent to the date above set for opening of bids.

CA. 91945, at the time stated

This project has a goal of 17 per-cent disadvantaged business enter-prise (DBE) participation. This project is subject to the "Buy America" provisions of the Sur-face Transportation Assistance Act of 1982 as amended by the Intermodal Surface Transportation

Efficiency Act of 1991
The bid package may be examined at the Lemon Grove City Hall. 3232 Main Street, Lemon Grove. CA. Copies of the bid package and the specifications may be and the specifications may be obtained by calling ScanTeck Inc. at (619) 495-0727 and picking them up at 7283-H Engineer Road. San Diego. CA 92111 for a non-refundable charge of \$20.00 per set. Full size drawings are available for \$10.00. The mailing feer is dependent on the desired. fee is dependent on the desired method of delivery. All bidders should direct their questions during the bidding period to Carmen Kasner. John Powell & Associates. Inc. at (760) 753-1120

All work must be completed within 126 calendar days after the commencement date stated in the Notice to Proceed. No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Chapter 9. Division III of Business and Professions Code The bidder for this Contract must possess a valid General Engig Contractors 'A' and/or License. The successful bidder must have a City of Lemon Grove Business License prior to commencement of work

The City Council of Lemon Grove hereby notifies all bidders that it will affirmatively insure that any contract entered into pursuant to this advertisement for bids, that minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, sex, or national origin in consideration for an award.

The wages to be paid for a day's work to all classes of laborers, workmen, or mechanics on the work contemplated by this contract, shall be not less than the prevailing rate for a day's work in the same trade or occupation as set forth in the most current publication of Federal Labor Standards of the U.S. Department of Hous-ing and Urban Development. (HUD-4010/2-84) and Federal Wage Decision No. <u>CA980001</u>.

Modification No. <u>5</u>. published in the Federal Register on file in the office of the Community Develop-ment Coordinator of the City of Lemon Grove. 3232 Main Street. The Wage Decision is subject to modification and supersedure. therefore. Bidders are advised to check with the Community Development Coordinator for any cur-rent changes prior to submitting

NOTE: An error on the part of an awarding body does not relieve the Contractor from responsibility for payment of the prevailing rate of per diem wages and penalties pursuant to Labor Code §§1770-1775 or Federal Labor Standards HUD-4010 and Federal Wage Decision No. CA980001. Modifiation No. 1

m wage rates for this pro-

ject as predetermined by the Secretary of Labor are also on file in the office of the Community Development Coordinator of the City of Lemon Grove. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and the prevailing wage rates determined by the State for similar classification of labor, the Contractor and his Subcontractors shall pay not less than the higher wage rate.
A copy of the above General Prevailing Wage Determination is

The City Council reserves the right to reject any and all bids, any combination of bids, or any informality in a bid Bids must be accompanied by a 10% bid bond as specified in Section 1. General Information for Bidders of the documents. No bidder may with his bid bond within ninety (90) days after the actual date of the bid opening.

Prospective bidders are hereby

to the applicable and requirements as to submittal of bids, bonds and agreements.

Charles Stuck Public Works Director. City Engineer

The City of Lemon Grove com-plies with the Americans with Disabilities Act. If you require reasonable accommodations for this bid opening, contact the City Clerk's Office, (619) 464-6934 at least 48 hours prior to the scheduled opening

Notice of Trustee's Sale Loan No 758784.3

TS No 98-6514/2A FHA/YA No 2021283

You are in default under a Deed Of Trust deleted under und under under under under under under und under under under under under under under under und under under und under under under und under under under under und under under under und under under und under under under under und under und under under under under under und under un encumbrancis, to pay the remaining principal sum of the note(s), secured by said deed of trust with interest thereon, as provided in said note(s), advances, if any, under the terms of said. Deed Of Trust, fees, charges and expenses of the trustes and of the trusts created by said. Deed Of Trust. The total amount of the unpaid balance of the obligation secured by the property to escot and amount of the unpaid balance of the obligation secured by the property to escot and the notice of sale is \$117.056.35. The beneficiary under said. Deed Of Trust heretofore executed and delivered to the undersigned a Written Declaration Of Default And Demand For Sale, and a written notice of default and election to self. The undersigned caused said notice of Default And Election To Self to be recorded in the county where the real property is located. This is an attempt to collect a debt, and any information oblained will be used for that purpose Date 17 AUG 38 Specialized. Inc., Trustee 4180, 564-1424 By I. Weber Trustee Sale Officer P111202 8/18.8/25.9/198

NOTICE OF TRUSTEE'S SALE TS NO CR00922C Duncan C Delhey, as duly appointed Trustee under the following described Deed of Trust will sell at public auction to the highest bidder for cash and/or the Cashiers or Certified checks specified in Civil Code Section 2024h (payable at time of sale in lawful money of the United States) all right, title and interest conveyed to and now held by him under said Deed of Trust in the property hereinafter described: Trustor: David W. Crowell and Selena L. Crowell Beneficiary. Medallion Mortgage Company, a California Corporation Recorded January 31, 1994 as Instrument No. 1994-0071659 of Official Records in the office of the Recorder of San Diego County. California, more particularly described in the aforementioned Deed of Trust, and commonly known as AK/A 7429 Ida Street Lemon Grove. Ca 91945 APNW 480-310-16 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED January 26, 1994 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. "(If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness). The beneficiary under said Deed of Trust deed and delivered to the undersigned a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located Said sale will be made but without covenant or warranty, express or implied.

of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on September 11, 1998. at 12:00 Noon at the Entrance to the City Hall East, 300 Coast Highway, Oceanside, Ca. At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs. expenses, and advances is \$129.664.68 Date: August 7, 1998. Duncan C. Delbey, as said Trustee, 600 North Broadway - Suite 400. Milwaukee, Wisconsin \$3202-5099 (414)224-1236 or (414)224-1235 C281028 8/18.8/25, 9/1 1998

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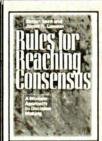
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Local Authors



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San Diego County by Norrie West

Orders by mail: \$23.00



Send check or money order with 75¢ postage payable to "Forum Publications" to: Local Authors, Box 127, Lemon Grove, CA 91946

San Diego Stars win Under-12 AAU title

For three East County youngsters, this summer's Little League wars just weren't enough. They went all the way to Minnesota to win the 1998 National Amateur Athletic Union (AAU) 12-and-under championship.

Nine consecutive wins, including triumphs over teams from North Carolina, Iowa, Nevada, Minnesota, Alabama, Florida, Georgia and Virginia, gave the San Diego Stars the crown.

The Stars finished third (as 11-year-olds at Disney Montgomery Middle School World) last season.

Zachary Robinson of La Mesa, who just turned 13, Matt Bush (El Cajon) and Adam Katz (Spring Valley), both 12, were a big part of that title run.

Robinson, in fact, had one of the best tournaments of anyone in the country. Out triples, one double and nine of all the players on all 48 teams taking part, he finished number one in hits and on-base percentage and has an excellent chance at being named an All-American

He also climbed on the mound and claimed two pitching victories, a game three outing where he gave up two hits and struck out five in four innings of work, and a game eight (semifinal) battle in which he allowed only one hit, while striking out eight.

In the two games, he also collected key hits, including a 300-foot, three-run homer best feelings that I had in in the first and a game-tying the world," he said. "It was

by Greg Eichelberger RBI single in the semifinal contest

The finals, against the Tidewater, Virginia Drifters, turned out to be rather anticlimactic, as the Stars were led by Robinson's three hits (two doubles and a single). four RBI and three runs.

"It felt great to do so well in that tournament," said Robinson, who began playing for the Rolando League as a five-year old tee-baller. He noted that there were teams from all over the country and that the competition was really intense.

As for Bush, a student at who began playing for Singing Hills Little League when he was 8, he has been an All-Star since the age of 9 with a forte of getting on base and stealing.

Batting well over .400 during the nine games, he amassed a home run, two singles.

In the final scrimmage. he had three hits (two bunt singles and a double), two RBI and scored three times.

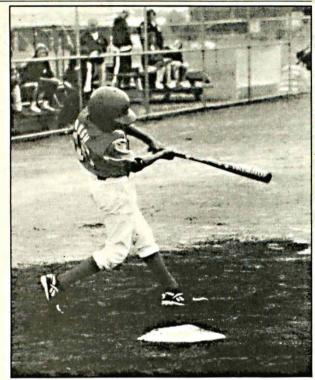
As good as he was hitting the ball, however, his real power lie in his speed. In 11 tries, he stole 10 bases (and was picked off once), getting in position to score over a dozen runs.

He also excelled in center field and as a defensive shortstop. Bush, a member of the team that finished third last year, was excited about this year's run, said, "It was probably one of the

Send us your fitness news and photos* TODAY!

Box 127, Lemon Grove CA 91946

*Enclose self-addressed, stamped envelope if photos are to be retuned.



El Cajon's Matt Bush, 12, bangs out one of his many hits during the recent AAU national tournament in Minnesota. His team won the under-12 title by winning nine-straight games.

nice to win it all after what happened in Florida."

Bush plans to continue playing with the Stars and one day be a part of the Granite Hills squad.

The other local boy, Katz, was used mostly as a utility outfielder, but as a pinchhitter in the last confest, he was one-for-one (a two-bagger) and a run batted in.

Sports Notes

La Mesa resident wins four golds

Taking four gold medals at the VII Masters World Swimming Champions in Morocco, 70-year-old Bill Phillips was among those honored by the San Diego Hall of Champions as Amateur Stars of the Month for July.

Phillips, who swims for the San Diego Swim Masters' Club, took first place in the 100-, 200-, 400- and 800-meter freestyle events in the 70 - 74 age bracket, setting world age-group records in the 200m. and 400m. events.

Giles named pro athlete of month

Cleveland Indians outfielder Brian Giles, a graduate of Granite Hills High School, was among those named as pro athletes of month for July.

During that month, Giles hit .348 (24 - 69), drove in 14 runs and hit three homeruns.

Others named were former Patrick Henry player Eric Karros (Dodgers 1st base) and Padres' pitchers Andy Ashby, Kevin Brown, Joey Hamilton and Trevor Hoffman.

Adult Softball playoffs

Women

Quarterfinals Triple R Enterprise 7, HEAT 5

How About Tank Tops 19, Girls Night Out 11

In the Zone 7, Al's Sport Shop 4

Semifinals

How About Tank Tops 23, Triple R Enterprises 5

Santee Blue 8. In the Zone 7 Finals

How About Tank Tops 23, Santee Blue 1

Corec A

Quarterfinals Frozen Rope 20, Bad Dogs 5

Semifinals

Team NGC 29, Valle de Oro Outlaws 12

Poculators 8, Frozen Rope 7

Finals Team NGC 19, Poculators 18

Corec B Quarterfinals

"A" League Crushers 17, WC Raingutters 4

En Fuego 28, Come on Babe 4

Bay City Electric 10. Mamas & Papas 8

Semifinals

"A" League Crushers 13, En Fuego 11 Santana Hair Co. 15, Bay City Electric 9

Finals

Santana Hair Co. 8. "A" League Crushers

Corec C Quarterfinals

Krazy w/Kids 13 Longshots 12

He Said, She Said 23, Strange Bedfellows 4

Bogart's 19. Truly Nolan 12

Semifinals

He Said, She Said 12, Krazy w/Kids Bogart's 17. Hotshots 14

Finals

Bogart's 20, He Said, She Said 9

Corec D Quarterfinals

Ranch House Wranglers 23,

Blue Thunder 10

Olsen Photography 21, Just 4 Fun 17

Semifinals

Ranch House Wranglers 24, CoCo's 12 KAOS (forfeit over Olsen Photography)

Finals

Ranch House Wranglers 21, KAOS 11

Men's A Quarterfinals

Grand Stand Bar 24. Above the Law 11

Enerdyne 19, B.F.E. 16

Asplundh 14, American Renaissance 10

Semifinals

Enerdyne 14 Grand Stand Bar 6 Paleozoics 16, Asplundh 5

Finals

Paleozoics 13, Enerdyne 1

Men's B/C Quarterfinals

Drew Collision Repair 12, Lizards 6 HEAT 22, ARS 12 No Fear 11, Comer Bros. Flooring 4

Semifinals Drew Ford Collision 9

Al's Sport Shop 8

No Fear 23, HEAT 11

Finals

Drew Ford Collision 22, No Fear 18

Men's D Qualifying

Team S.A. 21. Rebels 3

Quarterfinals Grumpy Old Jox 14, Pharis Landscaping 13

River Boys 17.

Top-Notch Landscaping7 Team S.A. 24, Pure Flo 23

B-52 Bombers 19. Arrow Construction 11

Semifinals, Finals

. To be played

East County

Recreation Department Phone numbers

258-4182 Santee Community Services 479-1832 Spring Valley Parks and Recreation 667-1300 La Mesa Community Services 441-1676 El Cajon Recreation Department (Kennedy Center) 668-4375 Lemon Grove Recreation Center 443-4169 Lakeside Recreation Center

Pro soccer team team to hold tryouts in El Cajon

The Parkway Sports Center in El Cajon will be the site of tryouts for the Kansas City Attack Aug. 24 and 25. The National Professional Soccer League (NPSL) team is sending coach and general manager Zoran Savic to the El Cajon facility to seek new talent from the San Diego area.

"What they're looking for are younger professional players who are on their way up, said Ron Pennock, owner of the Parkway Sports Center. "They realize that San Diego has a lot of current and former professional players coming out of

Currently the only San Diego player on the two-time NPSL champions is Wes Wade, who played two years for the El Cajon Hotspurs Soccer Club.

Pennock, who coached the Hotspurs for 22 years, notes that a couple of former Hotspurs players are on Kansas City's other soccer team, the Wiz of Major League Soccer, Sean Bowers and Paul Wright, who played for the El Cajon

Tryouts will be from 10 a.m. to 1 p.m. each day. Savic is looking for four or five players who will then go to Kansas City for the team's final roster selection in October.



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